



## 'From Evidence to Intuition' Exploring Knowledge for Midwifery Practice

## Wednesday 3rd June 9am - 4pm Rowan Williams Court, Chatham



**Facilitator -** Sara Wickham is a midwife, teacher, researcher and author who brings a unique and lively approach to lectures and workshops

Sara has presented at conferences and workshops in more than 20 countries and is involved in a wide range of midwifery and birth related projects. She is passionate about midwifery, knowledge, critical thinking and the ways in which midwives and others can work towards improving women's birth experiences

Beginning with an overview of birth-related knowledge, this day includes discussion of how midwives can use evidence-based practice in woman-centred ways, practice-focused unpacking of what is known about the behaviour the cervix in labour and reflection upon more intangible but still important ways of knowing such as experience and intuition. Suitable for midwives, midwifery students and others, this workshop also works well with diverse groups who bring a range of pespectives to the day.

## Topics will include

Birthing Knowledges: Herstory, History and Heresy...

Evidence-Based Practice for Midwifery Seeing Women in the Numbers...

Stepping Stones to Cervical Wisdom Knowing Bodies, Knowing Birth...

Beneath the Waves: Experience and Intuition Reflecting on what we know...

Morning and afternoon refreshment will be provided, however to make this day more affordable we will not be providing lunch . There is a restaurant available on site

This course is at a cost of £30 (£10 to students)

For an application form, please contact the Faculty of Health and Social Care Information

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